

# Tea Tree Oil



**Tea Tree Essential Oil:** Has been scientifically proven to kill germs on contact. Tea tree oil is also a popular ingredient in shampoo and other cosmetic products. It is no surprise pure Tea Tree Essential Oil is one the top ten most beneficial essential oils known to man. Tea Tree Oil Essential oil is recognized as one of nature's most effective and versatile healers. It can be used as an immune system booster and a preventative against many types of infections.

**The History of Tea Tree Oil:** Tea tree oil (*Melaleuca alternifolia*) has a unique history with many years of safe usage. The phrase “Tea tree” first coined by Captain James Cook when he was in Australia witnessed the local’s boil the leaves and drink the brew for its healing properties. Later, in the 1920’s, Dr. Penfold discovered Tea Tree Oil was approximately eleven times more anti-microbial than the leading antiseptic at the time; Phenol (carbolic acid). During the 1930’s Doctor E. M. Humphrey found Tea Tree Oil to be more effective than prescription antifungals. During World War II, the efficiency of Tea Tree Oil was trusted enough to be issued to Australian soldiers as part of first aid kits. Recently with new resistant bacteria’s like ‘MRSA’ studies have shown Tea Tree Oil has great potential for curing antibiotic resistant bacteria.

**Tea Tree Oil’s Healing Powers:** Tea tree oil has been proven to be a powerful yet natural antiviral, antibacterial, antifungal medicine (essential oil). It is being used as a very effective first aid remedy and against countless skin ailments, infections, cuts, scrapes, burns, insect bites and skin spots etc. Tea tree oil is effective against nail fungus, ringworm, athlete’s foot, dandruff, acne, blackheads and many types of infestations including lice, mites, scabies and mosquitoes etc. (For humans and animals alike) Tea tree oil is not just soothing and disinfecting, it is capable of penetrating into the deeper skin layers with its anti-inflammatory, disinfectant, analgesic (pain-killing) and cicatrizant (wound-healing) qualities. It has a diaphoretic effect - It promotes sweating, which enhances the body’s own natural preventative response when threatened by infection. Tea tree oil exhibits expectorant and balsamic characteristics, which are especially beneficial in the case of throat or chest infections.

**Properties:** Naturally cleansing Tea Tree Oil helps to lift the spirit. Pure Tea Tree Oil is known as an antiseptic staple, it was regarded as a way to slow the spread of viruses in hospitals in the early 1900’s. Tea Tree Oil has been extensively researched by scientific methods with the following result: One: Pure Tea Tree Oil is a known active agent against all three varieties of infectious organisms: bacteria, fungus, and virus. Two: Pure Tea Tree Oil is a very powerful immuno-stimulant, so when the body is threatened by any of these organisms tea-tree increases its ability to respond.

**General Tips and Warnings:** There are no known contra-indications in the use of Tea Tree Oil. Please note: Undiluted essential oils in their purest state are extremely potent, and should be blended with carrier oils or other medium prior to use directly on the skin, as the essential oil may cause irritation. Discontinue use of Tea Tree Oil if irritation occurs. Keep out of reach of children. Avoid contact with eyes. If pregnant or lactating, consult a practitioner before use. Not for internal use.

# Tea Tree Oil



## Tea Tree Oil Treats Numerous Skin Conditions and Kills Parasites:

**Head Lice:** Add Tea Tree Oil to your Shampoo or Conditioner (1oz per 8oz of Shampoo) to help prevent re-infestations after initial. See [www.licekiller.com](http://www.licekiller.com) for more information.

**Scabies:** Add Tea Tree Oil to Shampoos and Conditioners (1oz per 8oz of Shampoo) to kill scabies and prevent re-infestations. See <http://www.scabies-killer.com/> for more information.

**Body Lice:** Tea Tree Oil is very effective when used with other essential oils to kill body lice. See website <http://www.bodylicekiller.com/> for more information.

**Boils & Carbuncles:** Tea Tree Oil can be used in treating Boils or Carbuncles. See this website <http://www.accessnutraceuticals.com/boils.html> for more information.

**Foot & Nail Fungus:** Tinea Unguium is cured by using a tea tree oil antifungal treatment. See <http://www.accessnutraceuticals.com/nail-fungus.html> for more information.

**Ringworm:** Tinea Corporis Kills fungus on contact.

**Athletes Foot:** Tinea Pedis This parasitic fungal infection of the epidermal layer of the foot is the second most common skin disease, affecting millions of people.

**Warts:** Tea Tree Oil is an effective treatment for regular and Genital Warts.

**Eczema:** Also known as 'Atopic Dermatitis'. The impacts go way beyond the physical discomfort and disfigurement. Tea Tree Oil can help bring those symptoms under control

**Cold Sores:** Tea Tree Oil can also be used as an effective remedy for cold sores

**Acne:** Apply Tea Tree Oil right on the blemish several times daily.

**Dandruff:** Studies have shown a 5% solution of Tea Tree Oil can cure dandruff.

**Bedsores:** Add 1-3 drops of tea tree oil to 1-2 tablespoons of almond or olive oil. Massage affected areas.

**Use Suggestions:** Add 5-10 drops of tea tree oil to 1-2 oz. of shampoo or conditioner. Add 20 to 30 drops or approximately 1 oz. of tea tree oil to an 8 oz. bottle of shampoo or conditioner. (1 teaspoon = 1/3 tablespoon; 1 fluid oz = 2 tbsp) Lather and leave on the head for 3-5 minutes. Apply a single drop to pimples or cold sores 2-3 times a day. (Try a diluted drop for the first day or two. If no irritation develops, then an undiluted topical application may be used.) Alternatively, add 1 oz of tea tree oil to 4 oz of exfoliating skin cream or moisturizing body gel. Tea Tree Oil is also effective as a mouthwash. Dilute 10 drops in 1 cup of water and rinse for 1-2 minutes to help with bad breath.